



NM_{DN}N 2024

TRAINEE NETWORKING WORKSHOP



25 - 26 April 2024 | Fairmont Vancouver Airport Hotel | Richmond, BC, Canada



PROGRAM

WiFi: Fairmont Meeting PW: gather
nanomedicines.ca

INTRODUCTION & WELCOME

Dear Workshop Participants:

Welcome to the NanoMedicines Innovation Network's (NMIN's) final capacity-building event for its trainees and NMIN Highly Qualified Personnel Network (NHN) members!

Given that this Network will soon conclude its operations as one of Canada's Networks of Centres of Excellence (NCE), we are delighted to offer a final capacity-building event that focuses on strategies for future success and further developing your skills and strategies towards extending your professional and personal networks.

NMIN's activities over the past five years have aimed to connect researchers, trainees, and partner organizations in academia, industry and not-for-profit organizations across Canada, laying the foundation for what are career-spanning and life-enriching collaborations and associations. We anticipate that the tips, tools and strategies shared at this event will facilitate the continued development of your networking efforts. This event will also provide a final opportunity for us to reflect on and celebrate our collective accomplishments in building this outstanding network of nanomedicines research, innovation and commercialization expertise.

It has been a privilege to share your professional journey with you over the past five years. We trust that you will find this event useful and memorable.



Gilbert Walker
Scientific Director & CEO



Diana Royce
Executive Director

THURSDAY 25 APRIL 2024

4:00 pm	<i>Registration opens</i>	Foyer
4:30 – 4:45 pm	Opening Remarks - Michael Valic, Vice-President, NHN Executive Committee, NMIN	
4:45 – 5:45 pm	Opening Keynote: Strategies for Success - Diana Royce, NMIN Executive Director	
5:45 – 6:15 pm	<i>Networking Reception</i>	Foyer
6:15 – 8:30 pm	<i>Networking Dinner with invited guests</i>	Foyer

Networking Dinner—invited guests

Terry Allen: Professor Emerita, Pharmacology & Oncology, University of Alberta; Chair, NMIN Research Management Committee

Anna Blakney: Assistant Professor, Michael Smith Laboratories & School of Biomedical Engineering, University of British Columbia (UBC)

Marco Ciufolini: Professor Emeritus, Chemistry, UBC; Co-Founder & Scientific Advisor, Integrated Nanotherapeutics; Co-Founder & VP, Chemistry, NanoVation Therapeutics

Pieter Cullis: Professor, Biochemistry & Molecular Biology, UBC; Founding Scientific Director, NMIN; Co-leader, NanoCore Core Facility & Gene Therapy Research Theme, NMIN

Rachel Fernandez: Associate Vice-President, Research & Innovation, UBC; Board Member, NMIN

Jayesh Kulkarni: Co-Founder & CSO, NanoVation Therapeutics

Linh Le: Pharmaceutical Science EIR, Human Health Venture Studio, entrepreneurship@UBC; Member, Commercialization Advisory Board, NMIN

Sabrina Leslie: Associate Professor, Physics & Astronomy & Michael Smith Laboratory, UBC

Shyh-Dar Li: Angiotech Associate Professor, Faculty of Pharmaceutical Sciences, UBC; Co-leader, PharmaCore Core Facility & Targeted Drug Delivery Research Theme, NMIN

Larry Lynd: Professor & Dean *pro tem*, Faculty of Pharmaceutical Sciences, UBC; Leader, eHTA Core Facility, NMIN

Colin Ross: Professor & Acting Associate Dean, Research, Faculty of Pharmaceutical Sciences, UBC

FRIDAY 26 APRIL 2024

7:00 – 8:30 am	<i>Breakfast</i>	Foyer
8:30 – 8:32 am	Opening Remarks & Workshop Facilitator Introduction Michael Valic, Vice-President, NHN Executive Committee, NMIN	
8:32 – 9:30 am	Gayle Hallgren, Chief Engagement Officer, Shepa Learning Company The Power of your Network and How to Leverage It Participants learn that their network is one of their most powerful assets for work and life, including: <ul style="list-style-type: none"> • The value of a network: 7 tangible ways a network works for you • Understanding the Strength of Weak Links & Dormant Ties • The benefits of being a Positive Networker & how to be one • Understanding the 3 components of a network—operational, personal, strategic—and why they matter • Why to stay connected with this network, “All boats rise with the tide” 	
9:30 – 10:30 am	Practical & Tactical Networking Skills to Serve You Well in the Future Even people who know & want to connect/network better may need the foundational skills to do it effectively & enjoy it more. <ul style="list-style-type: none"> • How to network with confidence – even introverts • Making a great first impression with everyone you meet • How to network & circulate in social and work events — walking into a room solo, disengaging politely, breaking into a group, & more • The top 10 networking challenges solved! 	
10:30 – 11:00 am	<i>Break: An Opportunity to Connect</i>	Foyer
11:00 – 11:30 am	Debrief	
11:30 am – 12:30 pm	The Art of Conversation In the future participants will be going to conferences, networking events, & will attend work events where the skills of conversation are essential, including: <ul style="list-style-type: none"> • How the “mere exposure effect” holds people back • The secret of small talk • How to keep the conversation going—the power of questions • How to be a good listener • Key points to remember when answering the question: “So, what do you do?” • The ‘Have You Got a Moment? Conversation’ — learning how to be brief & effective 	
12:30 – 1:30 pm	<i>Interactive lunch</i>	Foyer
1:30 – 2:00 pm	Debrief	
2:00 – 3:00 pm	Final Exercises & Workshop Closing Staying connected with the people in one’s network is hard to do with all the other daily demands, but social networks have made things much easier. Participants will be given tips on how to use social networks but also will be given a ‘habit’ that will put follow-up into their weekly schedule. <ul style="list-style-type: none"> • Why follow-up matters & how to find the time to do it • Overview of social networks as a way to stay connected • Best practices for leveraging LinkedIn as an ‘alloy’ • Finding the time — incorporating connecting into your everyday life • Takeaway: 7 Easy-Win Networking Habits to start practicing 	
3:00 – 3:15 pm	Closing Remarks Diana Royce, NMIN Executive Director	

Featured speakers

Gayle Hallgren

Chief Engagement Officer, Shepa Learning Company ; Co-Author, Work the Pond!



Expertise includes diversity & inclusion, leadership development, executive coaching, team building, and training in the skills of networking and communication. Gayle is a writer, speaker, and innovative marketer who co-founded one of Canada's unique entrepreneurial ventures, Cookies by George. She is a recipient of the YWCA Women of Distinction award and has spent over two decades observing and writing on networking around the world and is an expert on the "art of conversation." She has attended the World Economic Forum in Davos, Switzerland over 11 times and is a member of the elite Davos Circle, where networking happens at the highest level.

Diana Royce

Executive Director, NMIN



Expertise includes development, start-up and management of national research teams and multi-sectoral research networks; strategic planning; knowledge translation and transfer; and meeting facilitation.

Michael Valic

Vice-President, NHN Executive Committee, NMIN



4th year PhD student in biomedical engineering at the University of Toronto supervised by Prof. Gang Zheng. Michael's research focuses on the clinical translations of phototheranostic nanomedicines for cancer imaging and photoablation.



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